FOMO

I met Kevin Metheny in the late 70's when Jack McCoy told me that I should come out to San Diego and talk to this kid who just beat KCBQ with a radio station you can barely hear by doing something new called Music Research. I flew out to San Diego the next day and not only did Kev talk me into doing Music Research he also talked me into standing with him in this huge line which wrapped around a movie theatre to see something called Star Wars. What else could I do but I talk him into moving to Philadelphia to help convert WIBG to Wizard 100 (WZZD) and also set up his Music Research system at all of the Fairbanks stations.

A little known fact is that "Pig Vomit" in the Howard Stern movie was actually a combination of 2 people, Kevin and GM John Hayes. RIP Brother.

The only person strong enough to stop you from succeeding is you.

It takes a lot of courage to speak up but it takes even more to listen.

Remembering what you received is a lot more important than recalling what you gave.

There is no sense giving advice because wise men don't need it and fools

don't take it.

In life change just happens, in business you've gotta make it happen.

True Art should always make you feel a little uncomfortable.

The real reason people check their phones so often is called FOMO the "Feeling Of Missing Out."

What if the cell phone was invented after the Internet.

The first time a man ever thinks about women's rights is when he has a Daughter.

If you can't be a good man then you'll just have to be the kind of man that Mothers warn their Daughters about.

Talent always does best when it does what it wants to do.

Most people hate their jobs that's why they have to be paid to do them.

Do you ever get that feeling when things are going well that you may have overlooked something.

If you want to silence an over talkative woman, simply bring up sex.

Delilah once told me that women always know when another woman got lucky and how many times.

Florida is the only state where you have to drive a way up North to get to the deep South.

Only men tolerate nasty women.

I agree we have to support our troops but we definitely don't have to support the people who send them in to do battle.

The client isn't always right but it serves us well not to mention it.

The Ratings Gods always smile on the folks who pay for the survey.

When you fix fear and ego together you have a lethal weapon.

If the Mother Of Invention is necessity then Greed must be it's Father.

I think if Government employees had to live off of tips, they would all starve

to death.

Intelligent People Reasonably Informed Seldom Disagree.

If you want better ratings simply substitute You for I.

When I was a kid all guys I hung out with only had minor differences but it turns out that those minor differences were who they really were.

Frank said there are only two types of shoes, black and brown, lose the brown at 6.